

# HEALING VOICE CREATIVE SOUND WORKSHOP

## Music touches and heals our souls

Access and work with your voice to bring about personal transformation. This workshop invites you to work with your own strengths in order to:

- Bring about healing
- Move through obstacles and get on with your life in a more fulfilling way
- Access your creativity
- Have fun
- Develop a support system for your self and
- Be supported on your current journey
- Live with the art of the possible.

Facilitator: Anne Colgan. Psychotherapist/Musician      MIACP; MIAHIP; MECP