

Haven Cancer Service Support Group

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The **Haven Cancer Service Support Group** runs every Monday morning, from 11am-1pm, in the Amber Springs Hotel, Gorey.

It is facilitated by psychotherapist Anne Colgan who has over 30 years' experience of working with groups.

This group is open to people with a cancer diagnosis, spouses and close friends.

In this safe place, you can address the the changes in your life as a result of a cancer diagnosis, get help with day-to-day coping skills, and be able to express your grief.

Need to know more? Call us on our confidential line: **085 200 9731**.