

WORKING WITH ADDICTION RECOVERY

The purpose of this group is to:

- Facilitate participants who are committed to recovery and who would benefit from group support in getting themselves to a better place in their lives:
- Provide a safe place to work through behaviours that have sabotaged recovery in the past:
- Share experiences that work in recovery and get practical help to enable participants to change behaviour for the better;
- To recognise changes that need to be made in order to facilitate recovery and to support participants in making these changes.

PLEASE NOTE: This is a RECOVERY GROUP. It is not a REHAB GROUP. This group facilitates participants recovering from all addictions.

FACILITATORS:

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