

Psychotherapy for Business People

We at The Haven Group can support you in the following areas.

- Addressing and acknowledging current problems and taking each one step by step in a way that is possible and sustainable.
- Managing Change in order to achieve a quality of life for yourself, your family and your staff.
- Focussing on solutions and in that way putting your energy in to “Can Do” Mode.
- Looking at the limitations of the current financial situation and finding ways of setting achievable goals and in doing so validating yourself worth and enhancing your self-esteem;
- Do you feel overwhelmed by the challenges of the current financial climate?
- Would you like help with your business that addresses your challenges and supports you in addressing them in a safe environment?
- Do you need help with motivating staff?
- Do you need help with clients/customers who are in distress?
- Are you keeping secrets in order to protect others?
- Would you like to talk to someone in order to relieve your stress?

We at The Haven Group can work with all of these areas and more.

Our highly qualified Counsellors/Psychotherapists work with you in a way that is positive and validating. We are trained to address difficult life and work situations and work through them

with you.

We look at and analyse the strengths and the limitations of your business and from there move towards solutions.

We work with you in a way that is supportive and validating enabling you to focus your energy on achieving your goals.

We can conduct a Personality

Profile on you and your staff in order to bring out the best in everybody and to ensure that you have the right “fit.”

We encourage and support you in achieving balance in your life.

We at the Haven Group are a business and we specialise in supporting you on a business and personal level in achieving a quality of life for yourself, your family and your employees.

We encourage and support you in achieving balance in your life.

We work with you in a way that is supportive and validating enabling you to focus our energy on achieving your goals.